



HIGH SCHOOL PARENTAL HEALTH EDUCATION OPT-OUT FORM

I, _____ (parent/guardian) request that my child,
_____ be excused from participating in certain units of health or sex education instruction based on religious objections (moral, ethical, personal beliefs).

I request that the District waive the class attendance of my child in a class or courses on:

High School Growth and Development Curriculum

Review

- structure and functions of the organs of the male and female reproductive systems.
- refusal skills for risky behaviors.
- abstinence from oral, anal, and vaginal sex as a responsible method of preventing unplanned pregnancy and Sexual Transmitted Infections (STIs)
- the use of condoms to prevent pregnancy and STIs.

Introduce

- More in depth discussion of the stages of fetal development and childbirth
- More in depth discussion of the factors which influence birth control choices (risk of failure, side effects, cost, etc)
- CPR/AED

All topics within the curriculum guidelines are approved for instruction and discussion. Direct, factual answers to questions are permissible. Detailed information, including transmission, symptoms, and treatments, on many sexually transmitted infections will be reviewed. Birth control information will be accompanied by analysis of the effectiveness ratings and the risks involved. All birth control methods will be compared to abstinence, the only 100% effective method of preventing pregnancy and sexually transmitted infections. Birth control devices will be available to view and touch. Birth control devices ARE NOT distributed to students. Reinforce that abstinence protects physical, emotional, and social safety and welfare of young people. Abortion, as a form of birth control will not be taught.

Specific information of Michigan laws pertaining to sexuality, parental responsibility, sexual harassment, and exposing others to health risks as well as criminal sexual conduct in the first, second, third, and fourth degrees will be presented. The "Safe Delivery of Newborns Law" will be reviewed. Guest speakers, with knowledge of MI law, may be presenters. (Police Officer or Attorney)

Questions on the factual material presented in class will be answered by the teacher, but students will be encouraged to seek advice from parents/guardians, counselor, or other trusted adults with questions pertaining to sexuality and gender identity. Students will be provided information about resources where they can get additional information or help. (Lenawee County Health Department)

I understand that I am requesting the school to excuse my child from certain units of curriculum that are required by state law. I further understand that in lieu of receiving instruction in this unit of health education, my child may be required to receive alternative learning in health education that is sufficient to enable my child to meet state requirements for health education. I further understand that this opt-out exemption is only valid for the school year in which it is signed and subsequent waivers may be necessary.

Parent/Guardian Signature _____

Student Name _____